

DCM Event Log

1 of 10

Name: Kalani

Objective Description

Date: April 13, 2009

of Participants: 15-17

Venue: Shriner's Hospital for Children (Los Angeles)

Population: Children (1-14 yrs) and some parents, mostly Spanish-speaking.

Event Goal(s): 1) Elevate Mood, 2) Reduce Anxiety, 3) Increase Self-Esteem

Activities		
Inclusion <ul style="list-style-type: none">• Welcome everyone. Hand out maracas and everyone plays along to the beat.(1)• Say "Mi nombre es _____"Everyone repeats.(2, 3)	Cooperation <ul style="list-style-type: none">• ¿Como tu puedes? (How do you do it?) Each person shows how they play their instrument– group matches. (3)Follow the leader in rhythm. Choose someone from the group to lead a rhythm & everyone matches. (3)	Appreciation <ul style="list-style-type: none">• Each person says one thing they are happy about or grateful for that past week. (1,2)• Sing "Gracias por la musica" (Thank you for the music.) Everyone thanks each other. (1, 3)

Subjective Description

Things I would do again the next time:

- Introduce maracas first, then drums.
- Use chants and songs as a foundation for instrumental play.
- Allow participants to lead the beat. (support them through matching)

Things that I would do differently the next time:

- Be in a more intimate circle from the start.
- Have more Spanish language material.
- Use more songs to anchor the rhythm.
- Incorporate more movement (for those who are able – provide others with an alternative activity.)

A special moment I will remember from this event:

An infant played the maracas with a steady rhythm. We all listened, then I grounded the rhythm through matching so everyone could play along. She was in charge!